



10730 Midland Trail Road • Ashland, KY 41102
606.618.0282 www.aimcounseling.net

Program Rules and Guidelines for AIM Behavioral Health

We want to provide the best care possible for your recovery. Our dedicated staff work hard to provide this care in a therapeutic environment. This is your clinic as well and we welcome any suggestions on how we can better serve you and the community.

1. Your regular follow up with group counseling and seeing the doctor will be every 2 weeks. You will be at the office for about 1 ½ to 2 ½ hours. Appointments will be weekly for the 1st 4-5 weeks. Appointments will also be weekly for any failed drug screens within the past month.
2. It is of utmost importance that you arrive on time and be ready to provide a sample for urine drug screen.
3. One time additional appointments will be required on annual basis to obtain blood work, psychosocial, wellness screening and case management intake.
4. All smoking is to be done in your car or designated smoking area. There is to be no loitering or smoking in our parking lot.
5. Please be sure to update any changes you may have in address, phone numbers, etc., upon arrival. It is your responsibility to provide us with updated information so that we may contact you at anytime. All phones are to have a working voicemail with available space to leave a message.
6. Due to space limitations we do not allow for anyone to accompany you into the office or stay in our parking lot. They need to drop you off and can return at the end of your appointment to pick you up. Please DO NOT leave any minors unattended in the car.

Group attendance and rules:

- No Food or drinks allowed in the Group Room.
- No Family Members (including children of any age) allowed in the Group Room.
- Couples and/or Former Couples are NOT allowed to attend group together. - unless approved by the counselor.
- You will not be allowed to enter the Group Room once the group room door has closed.- You CANNOT be given permission to do this by any staff. You need to see a MA to reschedule this group. No script will be called in until group is completed.
- Cell phones must be kept in your pocket or purse and on silent or off during the entire group. You will be asked to leave if this is not adhered to at all times.
- Due to our limited space and to minimize distractions please make having to step out during group a rare occasion and for a brief period.
- If you are out of group for more than 5 min. or are needing to step out more than once, this will generally result in your having to make up the group.
- Other rules as discussed by the counselor must be complied with.

Contact Number:

It is important for your treatment that we are able to reach you. For this reason we require that you :

- Provide a number where you can be reached.
- Have AIM listed as one of your contacts with our NEW number for AIM Behavioral Health. (606) 618-0282.
- Have voicemail set up on the number you provide to us, with space to leave a message.

Random Call ins:

- Are required per regulation. May be required by your insurance to cover the medication.
- It is your responsibility to make sure that we can reach you. Please make sure we have the correct contact # with Voicemail set up. AND put AIM on your contact list.
- If we are unable to reach you or not showing up with the correct count will result in a dose reduction or dismissal from the program.

Dismissal policy:

- Any patient dismissed from the program may be considered for re-entry after 3 months after 1st dismissal.
- If a higher level of care (ie inpatient rehab) has been completed the patient may be considered for re-entry sooner, upon completion of higher level of care.

Care of Our Building

AIM Behavioral is dedicated to providing you a clean and respectable facility in which to receive your healthcare.

As we want to keep our clinic in excellent condition for you, please dispose of any waste in proper containers. We do not allow tobacco use of any kind (including vaping) in or around our building.

Remember, this is your clinic too, and if you see anyone trashing, damaging or destroying any part of the premises please report this to a member of our staff immediately.

Dress code

While we respect an individual's choice in style, we also ask that you respect others around you as well as yourself and dress appropriately (including that you arrive fully dressed wearing street clothes, to include shirt/pant/shorts and appropriate footwear) and modestly for every appointment in our clinic.

We do reserve the right to cancel your appointment due to unacceptable attire.

Children/Animals and Your Appointments

We do NOT allow you to bring children or animals into the clinic during any treatment appointments as we cannot offer any form of supervision for them and they are also a source of distraction during your appointment and to others in our clinic.

If on rare occasions you must bring children to the clinic, DO NOT LEAVE CHILDREN UNATTENDED IN YOUR CAR. Children must be supervised and must be within your immediate control. You will not be able to attend group with minors of any age. Footwear is required while on clinic property.

Misconduct and Dismissal:

Our clinic's goal is to treat everyone with dignity and respect in a concerted effort to reduce/remove the stigma or negative thinking of our community regarding the treatment of opiate addiction.

In return, we also expect our patients to treat each other, and our staff, with the same dignity and respect and that they will help us provide a safe environment in which to work.

That said, we must be clear that we will NOT allow the following to occur in our clinic or at the pharmacy where you fill your medication:

(NOTE: all rules also apply to anyone accompanying you to the office/parking lot or pharmacy)

1. Loitering, use of abusive or threatening-type language at any time, or arguing with staff or with other patients while at the clinic will not be tolerated – if this occurs TWICE – you will be immediately dismissed from this clinic.
2. Smoking anywhere on our property WILL result in dismissal on the 2nd Offense.
3. Physical threats, assault, fighting, carrying a concealed weapon (regardless of whether you have a conceal carry license), brandishing a weapon or any object that can be interpreted to be used as a weapon anywhere on AIM Behavioral property (to include the parking lot of AIM) WILL result in immediate dismissal on the FIRST offense.
4. Possession of, suspected or confirmed selling or buying, diverting, or in any manner providing or offering to provide, accept, hold, or aid the selling or buying of controlled substances to any patient at AIM Behavioral WILL result in immediate dismissal from the clinic on the FIRST offense.
5. If you attempt to provide a false urine for your drug screen this WILL result in immediate dismissal on the FIRST offense
6. Diverting, loaning, selling, buying, or otherwise providing or offering to provide Buprenorphine to anyone WILL result in immediate dismissal from AIM Behavioral on the FIRST OFFENSE.
7. Any theft of clinic property, destroying or damaging clinic property, selling or buying illicit drugs while on clinic property, illicitly and illegally selling or buying Buprenorphine while on clinic property, or threatening or carrying out acts of violence or attempting acts of violence against this clinic or its employees will result in your loss of confidentiality and the appropriate law enforcement personnel will be called immediately. In addition, you WILL immediately be dismissed from treatment on the FIRST offense.

Problem Resolution

The Program Director at AIM Behavioral is responsible for the day-to-day clinical operations. If you have a problem with any of the policies or procedures or any staff member of the clinic, you are encouraged to speak with the Program Director and then to the Medical Director if needed. We encourage all patients to offer constructive suggestions and recommendations on how we can better serve you as a patient and better serve the community.

In conclusion, we look forward to working with individuals who give importance to their addiction treatment and recovery and see the importance of engaging in the various treatment modalities. The rules are there to provide a therapeutic environment to foster growth and learning. Please help us by doing your part.

Thank you!!!

AIM Behavioral Health Team

Program Director: Loryn Howard

Medical Director: Manish Parikh, M.D.